



# IMA-Delhi North Zone DOCTOR

THE BULLETIN OF INDIAN MEDICAL ASSOCIATION

JAN - MAR 2026

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## IMA DNZ Photo Directory 2025



October 5, 2025

### Medical Camp

Medical camp at Jhamb Multi-speciality Hospital, Salimar Bagh association with IMA DNZ

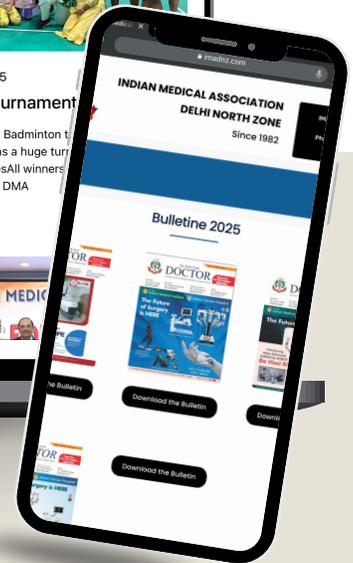
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September 27, 2025

### Badminton Tournament

IMA DNZ conducted Badminton tournament from 30-75 There was a huge turn out for competitive matches All winners were awarded by DMA

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## घायल मसीहा (Wounded Messiah)

दूसरों की धड़कन बचाने वाला, आज अपनी सांसों गिनता है,

अस्पताल की दीवारों में अब वो डर-डर के जीता है।

इलाज करने वाले हाथों पर जब तुम पत्थर बरसाते हो,

सच कहो, क्या तब अपनी इंसानियत नहीं जलाते हो?

मत तोड़ो हौसला उसका,

जो तुम्हें मौत से छीन लाता है।

BY DR NAVIN KUMAR  
SECRETARY  
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**Dr Praveen Bhatia**  
Consultant Physician  
BHATIA HOSPITAL  
President IMA DNZ



**Dear Friends,**

As I conclude my tenure as President, I reflect with immense gratitude and pride on a year defined by unity, resilience, and professional excellence. Serving this esteemed body has been a profoundly enriching journey, strengthening my belief in our collective mission.

Our year began spiritually with the traditional Bhandara at Bhatia Hospital on 05/04/2025, a cherished 25-year tradition we were honored to host under the DNZ banner. This set a tone of service that carried us through both personal and professional challenges, proving that together, we can transform obstacles into progress.

**Yearly Highlights**

- **Academic Excellence:** The 44th Annual DNZ Conference (15/03/2026) was a resounding success, featuring 400 participants, 50 expert speakers/panelists, and support from prestigious partners like BLK MAX, Max Oncology, and the Delhi State Government.
- **Social Impact:** We extended our reach beyond the clinic through food drives at ashrams, medical camps, and public education initiatives.
- **Unity in Action:** Our branch's vibrant energy is a testament to the mentorship of Dr. Girish Tyagi and the tireless dedication of our "young brigade."

To bring this journey to a spiritually meaningful close, I invite you all to join us as we again seek the blessings of Ma Durga with a Bhandara on 27th March 2026.

I extend my heartfelt thanks to the executive team and every member for your unwavering support. As I pass the leadership mantle, I do so with full confidence in our future. Let us continue to serve society with the same compassion and integrity that defines our noble profession.

With warm regards and best wishes,

**Dr Praveen Bhatia**  
Consultant Physician  
BHATIA HOSPITAL  
President IMA DNZ  
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**Vision For All**

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**Dr. Navin Kumar**  
Secretary



Dear Colleagues and Friends,

As our tenure at IMA Delhi North Zone draws to a close, I look back with immense pride at what we have achieved together. Serving as your Honorary Secretary has been a privilege and a journey of profound professional growth.

This year, our focus remained steadfast: strengthening our fraternity, elevating our clinical discourse through events like our 44th Annual Conference, and fostering a sense of community during our cultural celebrations.

My sincere thanks to:

The President and Executive Committee for their unwavering guidance.

The Editorial and Organizing Teams for their tireless efforts behind the scenes.

Each Member of IMA DNZ for your participation, which is the true lifeblood of this branch.

As we hand over the charge, we do so with the satisfaction of a mission fulfilled and total confidence in the incoming leadership. It has been an honor to serve this prestigious seat.

Long Live IMA!

**Dr. Navin Kumar**  
Secretary,  
IMA Delhi North Zone



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**Dr. Dixant Chhikara**  
Editor



Dear Esteemed Members and Colleagues,

It is with a mix of pride and nostalgia that I present to you the final edition of our bulletin for this tenure. When we took over the editorial responsibilities, our primary goal was to transform this publication into more than just a newsletter—we wanted it to be a vibrant mirror reflecting the clinical excellence, camaraderie, and tireless advocacy of IMA Delhi North Zone.

Over the past year, we have witnessed remarkable milestones. From the academic rigor of our CMEs to the resounding success of our 44th Annual Conference, every event has been a testament to our collective strength. This bulletin has been lucky enough to document it all—the breakthroughs in our clinics, the cultural joy of our Deepawali celebrations, and our unified voice in medical activism.

**To our contributors:** Thank you for sharing your insights and research. Your intellectual contributions are what give this bulletin its clinical soul.

**To the Executive Committee:** I am deeply grateful for the trust and creative freedom granted to the editorial team. It has been an honor to work alongside such dedicated visionaries.

**To my fellow members:** Thank you for your readership and feedback. You are the heartbeat of this branch, and your support has made this journey incredibly rewarding.

As this tenure draws to a close, we pass the baton to the next team with the utmost confidence. While the leadership changes, the spirit of IMA DNZ remains constant: Unity, Excellence, and Service.

We hope you find this final edition both informative and a fond retrospective of what we have achieved together.

Long Live IMA!

Warm regards,

**Dr. Dixant Chhikara**

Editor, IMADNZ Bulletin



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**Congratulations!**  
**DR JAGDEEP  
CHUGH**



**ON WINNING 2026 DELHI MEDICAL  
ASSOCIATION ELECTION FOR THE POST OF  
VICE PRESIDENT  
UNDER THE COHESIVE SUPPORT OF DNZ  
UNDER PRESIDENCY OF DR PRAVEEN  
BHATIA AND MENTORSHIP OF DR GIRISH  
TYAGI**

# For DOG BITE treatment

Contact :

**Dr. A. K. Gupta's ANTI-RABIES CLINIC**

C-1/15 Rana Pratap Bagh, Delhi-110007

Regn. No. 0891 (MCI), 9545 (DMC)

**Mobile : 9811045255**

**E-mail : guptanift@gmail.com**

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**9043945943**

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**DR SONIA BAKSHI**

**9818227517**

### **RESULT OF THE ELECTION FOR THE YEAR 2026-27.**

**Dear Esteemed Members,**

**We are pleased to announce the successful conclusion of the IMA DNZ Elections for the term 2026–27. Following the counting of votes and the official declaration at our recent Annual Conference, we are proud to introduce our new leadership team**

**We extend our heartiest congratulations to the winners and our sincere gratitude to all members for their active participation in the democratic process. Let us work together to strengthen our fraternity and uphold the highest standards of medical excellence.**

**PRESIDENT ELECT :- DR. GIRISH TIWARI.**

**DNZ-4016**

**7042978411**

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**DNZ- 2273**

**9810325277**

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3	DR. AJAY AGGARWAL	DNZ-3728
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24	DR. PRIYA PANCHOLI	DNZ-4432
25	DR. POOJA GUPTA	DNZ-4284
26	DR. PRAVEEN ATRE	DNZ-3224
27	DR. PRIYANK SHARMA	DNZ-4274
28	DR. PUNIT KUMAR JAIN	DNZ-2965
29	DR. RAJEEV BAJAJ	DNZ-1569
30	DR. RISHI PAL SINGH	DNZ-2829
31	DR. SANDEEP KUMAR GARG	DNZ-4074
32	DR. SANGEETA GUPTA	DNZ-1905
33	DR. SANJAY MODI	DNZ-2307
34	DR. SHAKUNTALA KUMAR	DNZ-2256
35	DR. SHRESHTH TYAGI	DNZ-4202
36	DR. SHRISHTI AGGARWAL	DNZ-3209
37	DR. SONIA BAKSHI	DNZ-2941
38	DR. SUDHA HANDA	DNZ-2282
39	DR. SUNITA GUPTA	DNZ-2406
40	DR. SUREKHA JAIN	DNZ-2205
41	DR. SURINDER GANGWAL	DNZ-2896
42	DR. VANDNA BOOBNA	DNZ-2712
43	DR. VINOD CHAND JAIN	DNZ-483

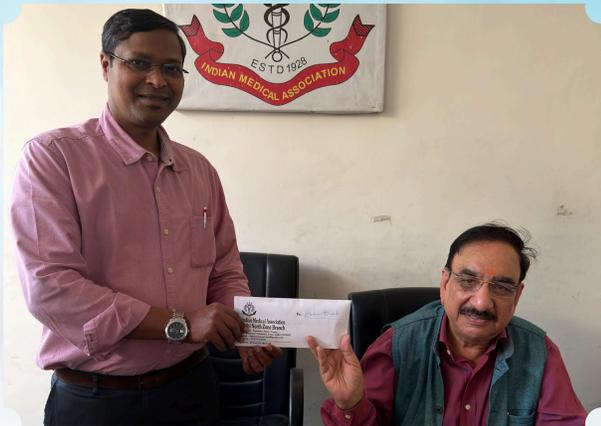
## STATE EXECUTIVES 2026-2027

<u>S.NO</u>	<u>NAME OF DOCTOR</u>	<u>DNZ NO</u>
1	DR. ABHISHEK KUMAR	DNZ-3797
2	DR. AMBICA MODI	DNZ-2307
3	DR. ATUL KUMAR ARORA	DNZ-925
4	DR. ANIL KUMAR GUPTA	DNZ-2405
5	DR. PRIYA PANCHOLI	DNZ-4432
6	DR. ATUL GUPTA	DNZ-824
7	DR. GIRISH TIWARI	DNZ-4016
8	DR. H.N GANGWAL	DNZ-2895
37	DR. SONIA BAKSHI	DNZ-2941
10	DR. JYOTI CHUGH	DNZ-1624
11	DR. KULDEEP SINGH KHOKER	DNZ-4317
12	DR. MAHESH KUMAR GAROVER	DNZ-294
13	DR. NARESH CHAWLA	DNZ-193
14	DR. NAVIN KUMAR	DNZ-4331
15	DR. NISHI NATH JHA	DNZ-2924
16	DR. PRAVEEN KUMAR BHATIA	DNZ-1586
17	DR. R.V SINGH	DNZ-1543
18	DR. RAJNESH ATTAM	DNZ-1023
19	DR. RAVINDER MOHAN CHHABRA	DNZ-988
20	DR. SATISH TYAGI	DNZ-1378
21	DR SUBHASH AGGARWAL	DNZ-406
22	DR. SEEMA PATNI	DNZ-2333
23	DR. ASHOK AGGARWAL	DNZ-266

## CENTRAL EXECUTIVES 2026-2027

<u>S.NO</u>	<u>NAME OF DOCTORS</u>	<u>DNZ-NO</u>
1	DR. ABHISHEK KUMAR	DNZ-3797
2	DR. ANIL KUMAR GUPTA	DNZ-2405
3	DR. ATUL KUMAR ARORA	DNZ-925
4	DR. GIRISH TIWARI	DNZ-4016
5	DR. GIRISH TYAGI	DNZ-721
6	DR. H.N GANGWAL	DNZ-2895
7	DR. JAGDEEP CHUGH	DNZ-1623
8	DR. JYOTI CHUGH	DNZ-1624
9	DR. KULDEEP SINGH KHOKAR	DNZ-4317
10	DR. MADHU TYAGI	DNZ-1379
11	DR. MEENA CHAWLA	DNZ-2210
12	DR. NARESH CHAWLA	DNZ-193
13	DR. NISHI NATH JHA	DNZ-2924
14	DR. PRAVEEN KUMAR BHATIA	DNZ-1586
15	DR. ASHA HANS	DNZ-1765
16	DR. RAVINDER MOHAN CHHABRA	DNZ-988
17	DR. RAJNESH ATTAM	DNZ-1023
18	DR. ASHOK AGGARWAL	DNZ-266
19	DR. S.P.S BEDI	DNZ-910
20	DR. SATISH TYAGI	DNZ-1378
21	DR. SONIA BAKSHI	DNZ-2941
22	DR. SUNIL VERMA	DNZ-1013
23	DR. SURINDER GANGWAL	DNZ-2896

# ANNOUNCEMENT OF ELECTION RESULTS



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## R.V.S. EYE CENTRE

BFH-09, West Shalimar Bagh, Delhi-110088, Ph : 49868193, M : 9891067652, 9811671606  
E-mail : rvseyecentre890@gmail.com Website : rvseyecentre.com

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# 44th ANNUAL CONFERENCE OF IMA DNZ



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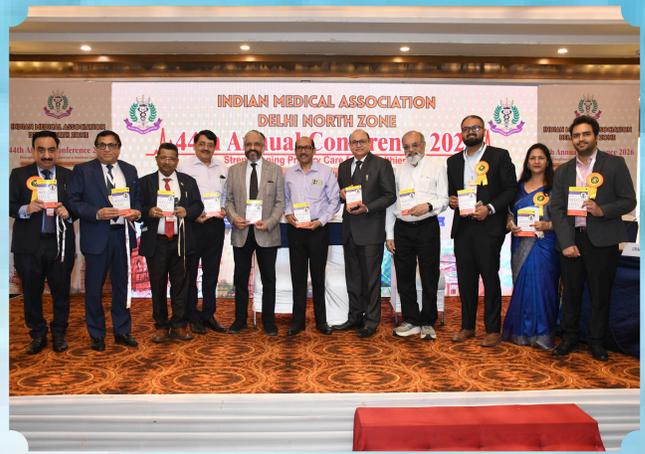
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# CONGRATULATIONS



Dr Praveen Bhatia on marriage of his son Rachit Bhatia (A first class Indian Cricket Player and pursuing Sports Physiotherapy) and Tanishka Bhatia ( Clinical Psychologist)



# CONGRATULATIONS



## रखो सम्भाल कर भारत

खुशी से झूम कर देखो ,तिरंगा आज लहराए।  
पवन भी आज मस्ती में , बसंती गीत है गाए।।  
कटी थी बेड़ियां कैसे , करो तुम याद वह किस्से।  
रखो संभाल कर भारत , न हो अब देश के हिस्से।।

खड़े जो वीर सरहद पर , करो तुम याद अब उनको।  
महीनों तक नहीं मिलती , वहाँ चिठी कभी जिनको।।  
यहाँ हम चैन से सोते , वहाँ वह जां लुटाते हैं।  
तिरंगे के लिए जीते , उसी में लौट आते हैं।

जलाओ प्रेम का दीपक , मिटा कर भेद सब प्यारे।  
नहीं है राष्ट्र से बढ़ कर , कभी भी धर्म ये सारे।।  
न टूटे एकता अपनी , करो तुम काम कुछ ऐसे।  
मिटा दो राष्ट्र पर जीवन , भगत-आजाद के जैसे

डॉ अंबिका मोदी

Dr H N Gangwal on marriage of his son Dr Shubham (Orthopedic Surgeon) and Dr Tanushree (Gynaecologist)



Vision For All

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INDIAN MEDICAL ASSOCIATION  
DELHI NORTH ZONE

“Jai Mata Di”

**Bhatia Family**

cordially invites you to take the blessings of  
Ma Durga In the form of LANGAR PRASAD

||| SHREE DURGA LANGAR PRASAD |||



Date: 27th March 2026  
(Friday)

VENUE : BHATIA HOSPITAL  
A-25, RAMGARH COLONY  
MAIN GT KARNAL ROAD  
(Opp. Metro Pillar no-144, Yellow line)



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Kyphoplasty / Vertebroplasty  
Minimal Invasive Spine Surgery  
Endoscopic Spine Surgery

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Laparoscopic Surgery  
Hernia / Appendix  
Piles / Gall Stones  
Breast Surgery

### General Medicine

### Speech Therapy

### Pediatrics

### Physiotherapy

### Laboratory



### Gynae & Obs

Normal & Caesarean Delivery  
Uterus Fibroid/Myoma Surgery  
Laparoscopic Uterus surgery  
Gynaecological Treatment  
Birth Control  
Family Planning

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Root Canal Treatment  
Dental Braces  
Intra Oral X-ray  
Extractions

### ENT & Allergy

FESS & Sinus Surgery  
Diagnostic Endoscopy  
Tonsils, Adenoids, Audiometry  
Allergy Testing & Immunotherapy

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TATA AIG Insurance

GIPSA  
United India Insurance Ltd  
National Insurance  
New India Assurance  
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Ericson Insurance TPA  
Sunrise TPA  
RAKSHA TPA  
FHPL  
Paramount TPA  
VIDAL Health TPA  
Vision TPA  
Health India TPA

E-2/241, Shastri Nagar, Delhi - 110052  
(Near Shastri Nagar Metro Station, Opp. Pillar No. 170)  
For Appointment / Emergency :- 8527524868, 011-23644868, 011-23654868  
Email: - [health@srghospital.com](mailto:health@srghospital.com), Website : - [www.srghospital.com](http://www.srghospital.com)